

A huge thank you to Nevada State Bank, the City of Carson, Just Smiles Dentistry, and Walmart #2453 for providing funds in March for our expansion project.

New Partners

Classes are now starting for parents in English language skills when dropping off their children at these schools:

- A) Sepulveda Elementary School
- B) Sun Valley Elementary School
- C) Peavine Elementary School
- D) Elmcrest Elementary School



Health Literacy related to Education:

A review of the research literature on the relationship between basic skills and health points out that educational attainment is a strong predictor of good health. The research reviewed suggests that this relationship exists because education increases income, supports healthy lifestyles, increases problem-solving abilities, and changes values in ways that support good health. Health care is becoming more complicated, but it is also becoming more effective. High levels of basic English skills help people take advantage of the advances that medicine is making.

Source:
 (1) NCSALL Occasional Paper
 Building a Level Playing Field
 Comings, Reder and Sum)
 (2) Rima Rudd, Harvard's School of Public Health

?? Are your students ready to test their road sign knowledge ??

Go to www.usa-traffic-signs.com

-or-

www.streetsignpictures.com

Do You Remember? Reno ESL Tutor Joins Peace Corps!

News from [Annalise Gardella](#): Hello Florence!!! It's so nice to hear from you! I'm living in a town called Potonico in El Salvador working as a youth development volunteer. I teach English here, of course, haha. I also have a women's exercise group. I've worked with my community to plan an art festival. I'm planning a drawing/painting class soon and also a life planning class and gender equality workshop for the youth in my community now. Annalisegardella@gmail.com

blog: annaliseinelsalvador.tumblr.com

We make no profit from your donations. All monies go to the purchase of instructional material to start new students from our wait-list and for those who are advancing to next levels.

When you shop at AmazonSmile, Amazon donates 0.5% of the purchase price to ESL In-Home Program Of Northern Nevada. Please bookmark the link:

<http://smile.amazon.com/ch/26-1921147>

and support us every time you and your friends and families shop.

BE THE CHANGE YOU WANT TO SEE IN THIS WORLD.

Find a Purpose

It is said that men, more than women, define themselves by their careers. At retirement, they can lose self-worth, which can lead to depression, excessive drinking and other health problems. Studies show that having a higher purpose in life significantly reduces the risk of death among older adults and can even slow or prevent cognitive decline. Are you at risk? Do you agree or disagree with these three statements



If you agree with more than one of these comments, it's time to find a new hobby or passion that excites you.

Our retired volunteer tutors are excited people because they are helping another person change his/her life by learning English. And the tutors receive immeasurable benefits.

We can guarantee you'll find your life more fulfilling personally while helping your community. Volunteer with us today! 775-888-2021

We desperately need an office copy machine. One that will copy 100+ pages at a time and collate.

If you can donate, please call me right away:

Florence at 775-888-2021

Do you have Skype or something similar? One of our tutors is using Skype between sessions with 2 of his students who are progressing faster than the 2 days/week the tutor was giving. Skype is free. Go to: www.skype.com/Intl/en/get-skype

I understand that students interested in Skype sessions often use Skype to communicate with loved ones in their home countries. Using Skype can help students overcome scheduling, childcare, transportation barriers (lacking transportation, saving gas money going to and from lessons, etc.)

TUTOR TIPS

For English Conversation : Some tutors find that pairing their students to work together is good for language learning and that it is an important part of language acquisition. Also, one tutor expressed surprise and pleasure at the degree to which his students' language skills improved when his students had free conversation with one another.

One suggestion is to give the students a task to complete in pairs. For example, a pair might take turns asking (and answering) each other questions about what they did when they got up in the morning, or practicing past tense verbs and vocabulary about activities in daily life.

For GED: Carson's GED tutor, Gina Martin, reports a new GED website for parents and children. You work online for math, games, etc. Makes math fun. Go to: www.carsoncitycounts.com

Take the Pledge: Stop saying "I'm not good at math".

Our Basic Computer Class in Spanish is in its 2nd week. Not too late to join. Call us: 775-888-2021



Our U.S. Citizenship Study class in Carson City can accommodate more people interested in obtaining U.S. Citizenship. Attend every Saturday at 3:00pm in the Carson City Library, 900 N. Roop Street, Carson City.



DENTAL CARE FOR WASHOE AND DOUGLAS COUNTIES

One of our donors, **Just Smiles Dental**, the office of Dr. Keith McGruder and his Staff, are very community oriented - they support and sponsor many events and care about dental health and well being.

Speech and dental care go hand and hand. If you or your students are in need of a dental provider, you may contact **Just Smiles Dental**. They see the entire family for all dental needs and take most insurances including Medicaid. They have two locations to serve you, south Gardnerville and north Reno.

To schedule in their **Gardnerville office** call (775) 782-7654; for their **Reno location** call (775) 337-6453.

RECIPE

Capirotada (Mexican Bread Pudding)
YIELD: 8 to 10 servings

- 4 bolillo rolls or French rolls
- 4 1/2 cups water or milk
- 1 1/2 cups packed dark brown sugar
- 4 cinnamon sticks
- 6 whole cloves
- 3 cups cheese (Longhorn Cheddar or Colby), shredded
- 1 cup raisins
- 4 tablespoons butter or spray butter

Directions:
Preheat oven to 350 degrees F. Cut rolls in 1/2 inch slices and butter both sides, layer on a baking sheet and bake for 3 minutes on each side, until lightly toasted and dry. Remove and cool.

Combine water, piloncillo, cinnamon sticks, and cloves in a large saucepan. Bring to a boil; reduce heat, creating a syrup. Simmer syrup uncovered for 20 minutes. Remove from heat and let steep, covered for 2 hours. Pour through a strainer and discard cinnamon sticks and cloves. Set syrup aside.

Spray 8 x 10 1/2" baking dish with non-stick spray, layer ingredients in the following order: toasted bread, raisins, cheese, and 1-1/2 cups syrup evenly over cheese. Make two more layers with the remaining ingredients. Cover the dish with aluminum foil and bake 40 minutes, uncover and bake until cheese is golden brown about 10 to 15 minutes more. Serve warm.

Teacher: Today, we're going to talk about tenses. 

Now if I say "I am beautiful." which tense is it?

Student: Obviously it is the past tense.

STATISTICS

Current Tutors..... 187
Current Students...351
U.S. Citizens..... 201

Potential Students
Waiting for a tutor:
Carson..... 264
Douglas.....40
Lyon..... 58
Churchill..... 33
Washoe..... 161

Total Students Waiting all Counties: 556

ESL In-Home Program of Northern Nevada

Our Mailing Address:

1894 E. William St. #4-125

Carson City, NV 89701

775-888-2021

Email: eslinhomenv@aol.com

Website: eslinhome.org

Mission Statement: ESL In-Home Program of Northern Nevada provides instruction at no cost to adult individuals who wish to learn or improve their English language skills, GED preparation, Computer Literacy and Citizenship study regardless of sex, age, race, religion or national or ethnic origin, or physical disabilities. ESL In-Home Program empowers people, especially those of low to moderate income, to become more productive members of their local communities by providing them with the language and cultural skills necessary for life in America.

One-on-one tutoring in English as a Second Language (ESL), GED Preparation, Computer and Financial Literacy, and Citizenship Study.....
AT NO COST!!!!

Invite your friends to become an ESL volunteer tutor! Tell them why you enjoy the experience. Invite them to learn more about our program at our website: www.eslinhome.org. It is not necessary for tutors to know a foreign language nor have prior teaching experience. We train at no cost.

We can provide an ESL teaching certificate.

If you would like to be taken off our mailing list please email us at:

eslinhomenv@aol.com

We're on the web!

www.eslinhome.org



Florence G. Phillips

From the Founder and Executive Director

"Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it's the only thing that ever has." - Margaret Mead

And our 187 "angel" Community Volunteer Tutors are doing just that!!! What about You?

WE WANT TO HEAR FROM YOU:

Send comments and/or feedback to: eslinhomenv@aol.com